



## **General Beach, Pool and Spray Park Rules**

- Parents and guardians are responsible for supervising their children while lifeguards are responsible for rule enforcement and responding to emergencies.
- All members and guest patrons are expected to follow the requests of lifeguards at all times; failure to comply with lifeguard requests and rule enforcement will result in loss of swimming privileges.
- Please refrain from talking to active lifeguards on the stand – they are scanning the water and should not be distracted or engaged. Please address questions to the lifeguards during safety breaks or seek an answer to your question from a guard who is on break - off the stand.
- Lifeguards have full authority on the beaches, at the pool and at the spray park - all lifeguard directives to swimmers in these areas are supported by LSA Public Safety Officers.
- A mandatory 10 minute safety break will be called every hour – the safety break begins once all swimmers are completely out of the water.
- Any child not toilet trained MUST wear a swim diaper or tight fitting reusable plastic or rubber pant. (Swim diapers are available for purchase at the Lake Summerset Pool).

### **Beach Rules:**

- No glass bottles are allowed on the sand, in the water, or on the swim raft.
- No alcoholic beverages or intoxicated individuals are allowed in the designated swim areas.
- No dogs are allowed on the sand, on the swim raft or within the designated swim areas.
- No sand or rock throwing.
- No dunking, rough or otherwise dangerous play activities as determined by the lifeguards allowed.
- No foul language or disrespect towards guards, staff, members or guests tolerated.
- No toys, balls, rafts, noodles, water wings, or life vests allowed on the swim dock; no one dependent on a life vest or any other flotation device, should be allowed – or attempt to “swim out” to the swim dock.
- **No unsafe diving practices off the swim dock:**
  - No front, back or side flips.
  - No cartwheels or hand stands.
  - No running or pushing others off the swim dock allowed.
  - No diver should attempt to dive off the swim dock while other swimmers are approaching.

## **Pool Rules:**

- Swim attire only allowed in the pool and at the spray park.
- No alcoholic beverages or intoxicated individuals are allowed on the pool/spray park premises.
- No glass bottles of any kind are allowed on the pool/spray park premises.
- No dunking, rough or otherwise dangerous play activities as determined by the lifeguards allowed.
- No foul language or disrespect towards guards, staff, members or guests tolerated.
- No running on the swim deck or spray park deck allowed.
  
- **No unsafe diving practices off the pool deck:**
  - No diving into the shallow end.
  - No flips off the side of the pool.
  - No cartwheels or hand stands into the pool.
  - No running or pushing others off the pool deck allowed.
  
- **No unsafe diving practices off the diving board:**
  - Only 1 diver allowed on the diving board at a time with a 250 pound weight capacity.
  - Only 1 bounce allowed on the diving board.
  - No cartwheels, butt bounces, “hanging onto the diving board” or hand stands into the pool.
  - No running or pushing others off the diving board allowed.
  - No diver should attempt to dive off the diving board until the dive area is free of swimmers.
  - All divers must swim to the ladder closest to them or under the rope to exit the diving area.
  - No swimmers are allowed in the dive area unless they are in the process of completing their dive from the diving board.
  - Only divers may swim in front of the diving board (after completing a dive) and any swimmers in the deep end of the pool must not swim underneath, or in front of the diving board for safety.
  
- No one dependent on a life vest or any other flotation device is allowed into the deep end of the pool.
- No life vests allowed in the deep end of the pool.
- No water wings.
- Water tubes are allowed only if they have a seat in them, and are for children 1 ½ years of age or younger.
- Only soft diving sticks are allowed in the shallow end of the pool.
- No climbing on the water features or spray devices at the spray park.

Please note: All Lifeguard staff are equipped with radio/walkie-talkies for use during emergency situations.

- Telephones are available for bystander emergency use at Beach 1, Beach 2 and the Pool
- All patrons are reminded and asked to cooperate fully with lifeguards as well as local law enforcement, fire department and dive team rescue personnel during emergency situations.